מדינת ישראל

סוג הבחינה: א. בגרות לבתי ספר על־יסודיים

משרד החינוך

ב. בגרות לנבחני משנה

ג. בגרות לנבחנים אקסטרניים

מועד הבחינה: חורף תשע"ה, 2015

מספר השאלון: 403,016104, 403

אנגלית

שאלון ג'

(MODULE C)

גרסה ב׳

הוראות לנבחן

- א. משר הבחינה: שעה ורבע
- ב. <u>מבנה השאלון ומפתח ההערכה</u>: בשאלון זה פרק אחד: הבנת הנקרא 100 נקודות
 - <u>חומר עזר מותר בשימוש</u>: מילון אנגלי-אנגלי-עברי

או: מילון אנגלי-עברי / עברי-אנגלי

או: מילון אנגלי-אנגלי-ערבי

או: מילון אנגלי-ערבי / ערבי-אנגלי

נבחן "עולה חדש" רשאי להשתמש <u>גם</u> במילון דו־לשוני: אנגלי-שפת־אמו / שפת־אמו-אנגלי.

ד. הוראות מיוחדות:

- (1) עליך לכתוב את <u>כל</u> תשובותיך בגוף השאלון (במקומות המיועדים לכך).
- (2) כתוב את כל תשובותיך ב<u>אנגלית</u> וב<u>עט בלבד. אסור</u> להשתמש בטיפקס.
 - (3) בתום הבחינה החזר את השאלון למשגיח.

ההנחיות בשאלון זה מנוסחות בלשון זכר ומכוונות לנבחנות ולנבחנים כאחד.

בהצלחה!

/המשך מעבר לדף/

ACCESS TO INFORMATION FROM WRITTEN TEXTS (100 points)

فهم المقروء (100 درجة)

הבנת הנקרא (100 נקודות)

.10-1 קרא את הקטע שלפניך, וענה על השאלות 10-1. וقرأ القطعة التي أمامك، ثمّ أجب عن الأسئلة Read the article below and then answer questions 1-10.

WANT TO BE MORE CREATIVE? TAKE A WALK

by Jane Davis

Are you looking for a good idea for your school project? Are you having trouble writing an assignment? Then just go for a walk. A short walk, even near your house, can greatly increase your creativity. This is according to a new study at Stanford University in California.

Most of us know that walking is good for our health. For thousands of years, writers and artists have claimed that walking also affects creativity. They say they get their best ideas during a walk. But, till now, scientists haven't been able to prove that there is a connection between the two.

Dr. Ann Burns, a Stanford scientist, recently decided to research this connection.

10 She chose 40 participants from among her students and put each one in a room with only a desk and a treadmill*. The students took tests that checked their creativity. For example, they were asked to think of new uses for a simple thing, such as a button. Then, they walked on the treadmill for eight minutes at a comfortable speed, in front of a white wall. After walking, each student took a second creativity test.

When Dr. Burns compared the results of the two tests, she found that creativity increased greatly for almost all of the participants after they had walked on the treadmill. "Most of them could think of about 60% more uses for an object, and their ideas were both original and logical," Dr. Burns said.

(שים לב: המשך הקטע בעמוד הבא.)

(انتبه: تكملة القطعة في الصفحة التالية.)

/ המשך בעמוד 3

מסילת כושר לתרגול ריצה והליכה — treadmill * جهاز لياقة بدنية للتمرن على الركض والمشي

- For the second part of her study, Dr. Burns moved the experiment outdoors. Most people would probably guess that walking outside would be much better for creativity than walking indoors. But, surprisingly, this was not true. When the students walked outside for eight minutes, their creativity increased just as much as when they walked indoors. "It really seems that it's *the walking* that is
- 25 important," Dr. Burns said, "and not where you walk."

"How a short walk affects our creativity is unclear," Dr. Burns said. "It may be that walking improves our mood. So, when we feel good, we naturally become more creative. But that's only one explanation," she said. Dr. Burns added that she would probably go for a walk later to help her think of other

30 theories and ways to test them.

ענה באנגלית על השאלות 1-10, أجب بالإنجليزية عن الأسئلة 1-10، حسب القطعة χ על פי הקטע. χ בשאלות 1, 4, 7, 8 ו-10 הקף במעגל في الأسئلة 1 و 4 و 7 و 8 و 10 ضع دائرة حول את התשובה הנכונה. وقم الإجابة الصحيحة . χ בשאר השאלות ענה לפי ההוראות. في الأسئلة الباقية ، أجب حسب التعليمات . (100 درجة)

Answer questions 1-10 in <u>English</u> according to the article. In questions 1, 4, 7, 8 and 10, circle the number of the correct answer. In the other questions, follow the instructions.

- 1. What do we learn in lines 1-4?
 - i) Where people like to walk.
 - ii) What students write about in school projects.
 - iii) Why Stanford University started the study.
 - iv) How walking can affect us.

(8 points)

/ המשך בעמוד 4

8. What was the same in both parts of the experiment? (lines 9-25) i) How fast the participants walked. ii) Where they walked. iii) How long they walked. iv) At what time they walked. 9. Give ONE result of Dr. Burns' experiment according to lines 20-25 ANSWER:	<u>רסה ב':</u>		- 5 <i>-</i> אנגלית, חורף תשע"ה, מס׳ <u>016104</u>	
 i) it is easier to test people outdoors people feel better after walking outdoors people like walking outdoors more than walking indoors people are more creative after walking outdoors 8. What was the same in both parts of the experiment? (lines 9-25) How fast the participants walked. Where they walked. How long they walked. At what time they walked. 9. Give ONE result of Dr. Burns' experiment according to lines 20-25 ANSWER: How often we should walk. Why walking makes us more creative. How walking affects our health. When we feel most creative. 	7.	Dr. B	urns did the second part of the experiment outdoors to see if (-).
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